

Unit 4 – Safety and Emergency Procedures

Resource Materials/Activities/Notes

Suggested Instructional Resource Materials

- Video on accident prevention and emergency preparedness
- Facility fire drill policies and procedures
- Facility disaster plan
- Facility policy on smoking
- Facility policies and procedures for oxygen use

Skill Performance Checklist

8. Performing Relief of Choking

Activities

- Review the general safety rules and have the class relate these to home as well as the health care facility.
- Discuss students' personal experiences with accidents and consider the general safety rule that may have prevented the accident.
- Review accidents that have occurred with elderly members of the student's family and relate them to the aging process.
- Discuss why safety factors are often the reason for elderly individuals being admitted to a long-term care facility.
- Simulate vision changes by having the student attempt a task while wearing glasses covered with Vaseline.
- Consider the many accidents that could occur due to a decreased sensitivity to hot and cold temperatures and objects.
- Have the class share their own experiences with side effects from medications.
- Discuss why accidents could occur when call signals are ignored.
- Relate falls to the resident's dress practices, such as length of clothing, the way shoes/slippers fit and shoes with laces.
- Discuss differences between abrasions, contusions, lacerations and puncture wounds.
- Suggest some observations that would lead you to believe that a resident is prone to falling.
- List additional facility structure hazards that could lead to accidents
- Discuss differences between first, second and third degree burns.
- Discuss where toxic products may be stored in a facility.
- Discuss responsibility if care is given to the wrong resident.
- Consider the type of accidents that could occur if a resident were left unattended in a bathtub.
- Discuss the use of incident reports in your facility.
- Discuss the advantages of using night lights in resident rooms.
- Notice the difference in your balance when you
 - a. stand on one foot
 - b. when you stand with both feet close together
 - c. when you stand with feet apart for a wide base of support.
- Speaker: fire inspector or fire chief to address all aspects of fire safety.
- Review facility floor plan and locate fire control equipment.

- Role-play reporting a fire.
- Review facility policy on smoking.
- Review facility policies and procedures for oxygen use.
- Review how a fire would be handled in your facility.
- Have the fire department demonstrate the proper use of fire extinguishers, and have the class to use the equipment if possible.
- List potential disasters that could occur in your community.
- Speaker to speak on disaster preparedness.
- Select a potential disaster and have the class outline how it could be handled in their facility and community.
- Discuss why it might be important for employees, off duty, to respond to a disaster at their facility.
- Discuss the reason for chest thrusts instead of abdominal thrusts when using the relief of choking procedure for obese residents.
- Discuss facility policy for CPR.
- Discuss the differences in types of seizures.
- Discuss issue of abandonment if aide does not stay with resident in an emergency.
- Describe an aura.
- Suggest reasons why the face would be turned to the side.
- Discuss situations and treatments that can stimulate the vagus nerve which results in decreased pulse rate and lowered blood pressure leading to dizziness or fainting
- Ask class members who have fainted to share their experience.
- Discuss differences between internal and external hemorrhage.
- Suggest how you would handle a resident bleeding from a foot wound.
- Have the class consider a situation where an accident has occurred and they are the only person on the scene. Ask them to discuss how they would handle the situation.